



Vitality Check™ Form Biometric Screening

Vitality Points are awarded for each Vitality Check measurement you complete, such as blood glucose, total cholesterol, blood pressure and height and weight measurements. If your results are in range, you will earn additional Vitality Points. Participation points will be awarded once per program year.

To qualify for Vitality Points, you must submit the information and supporting test results within 90 days of the event completion.

Complete Section A and B and attach your results or have your health care practitioner or lab facility complete sections C and D below.

Section A: Member Information	
First Name:	Last Name:
Vitality ID:	Date of Birth:

Section B: Consent to Medical Screening and Release of Medical Information	
I consent to the release of my medical information to Vitality or its representatives. A photocopy of this consent shall be as effective and valid as the original. This consent shall be considered valid for 90 days from the date signed. I also understand and agree that Vitality or its representatives have the right to request, at any time, applicable screening test(s) as a confirmation for the purpose of awarding Vitality Points.	
Member's Signature:	Date:

Section C: Measure and Test Results					
Blood Pressure			Body Measures		
Systolic:	Diastolic:	Height:	Weight:		
mmHg	mmHg	inches	lbs		
Clinical Laboratory					
Fasting Blood Glucose:	Total Cholesterol:	LDL Cholesterol:	HDL Cholesterol:	Total Cholesterol to HDL Ratio:	Triglyceride:
mg/dL	mg/dL	mg/dL	mg/dL		mg/dL

Section D: Physician and/or Facility Information		
Health Care Practitioner and/or Facility Name:	Address:	Phone:
National Provider ID or CLIA Number:	Test Date:	
Health Care Practitioner Signature:	Date:	

To earn Vitality Points, please send this completed form and supporting test results to:

**Email: wellness@powerofvitality.com, fax: 877.224.7110, or mail to:
The Vitality Group, 200 West Monroe, Suite 2100, Chicago, IL 60606**