

You
lose a few pounds.
Love your increased
energy and smaller
belt size.
Even better.



Beginning April 1, 2012

- ▶ McKesson pays your Weight Watchers fees
- ▶ The enrollment process is streamlined
- ▶ Your spouse/domestic partner is eligible
- ▶ New phone number

Weight Watchers
866.204.2885

Lose weight and feel great

We're making Weight Watchers participation even easier

Congratulations on your commitment to a healthier diet and lifestyle. Success stories from our Weight Watchers participants have inspired us to make this benefit even better. We're confident you'll enjoy the improvements.

You. Even better.

BENEFITS



Sweetening the deal with eligibility for your spouse/domestic partner

If your spouse/domestic partner is enrolled in your McKesson medical plan, he/she can also participate. This benefit is available to your spouse/domestic partner regardless of your participation status. But if you both have weight management goals, this is a great opportunity — you're likely to find that working as a team increases weight-loss success.

Count the pounds you're losing instead of the cost

When you sign up to continue Weight Watchers services on or after April 1, 2012, McKesson will pay your fees up front.* As long as you meet participation requirements (see p. 3), the program will be available to you with no out-of-pocket fees. That's right. McKesson is footing the entire bill so you can focus on other things — like checking out new recipes and shopping for smaller clothes.

Old method	Beginning April 1, 2012
<ul style="list-style-type: none"> You register and pay at meetings You submit claim form to the Weight Watchers Reimbursement Center McKesson reimburses fees 	<ul style="list-style-type: none"> You register online McKesson pays your fees up front You report your participation on the Vitality website

* The fees McKesson pays to Weight Watchers on your behalf are considered taxable income; however, McKesson provides you with additional income to offset these taxes. Although you will see this as a separate line item on your paycheck stub each quarter, your net pay will not be. Due to Weight Watcher franchise agreements, McKesson is unable to cover the upfront cost for some community meetings, including those in Lewiston, ME, Clinton Township, MI, and Scottsdale, AZ. Please contact Weight Watchers at 866.204.2885 for more information.

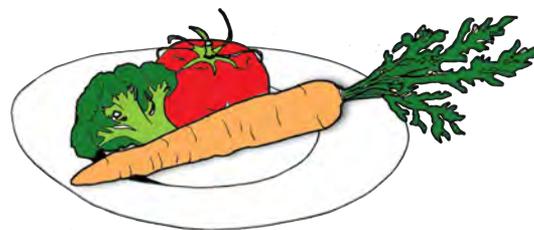
Complete your current Weight Watchers program using the old method for payment and reimbursement of fees. Then, sign up for the new Monthly Pass to continue using Weight Watchers services and have McKesson pay your fees going forward (see instructions beginning on p. 5).



Claim forms for reimbursement of program fees must be received by the Weight Watchers Reimbursement Center no later than **August 31, 2012.**

Slimmer enrollment

We're simplifying the enrollment process by expanding the use of the Monthly Pass. This "one size fits all" option allows you to continue using the Weight Watchers service that's working best for you and your busy schedule.



- At Work Meetings
- Community (Local) Meetings
- Online Subscription



Find more information on the Vitality website — select **Nutrition & Healthy Eating** under **Get Healthy**. Then click **Learn More** under **Weight Watchers**.

Improvement starts here — register online

You'll find step-by-step instructions for registering for your new Monthly Pass in the Appendix starting on p. 5. Keep in mind that this pass replaces the voucher system or any other method you're currently using to participate in Weight Watchers.

You'll receive your Monthly Pass in the mail

Following your new online registration, a Monthly Pass card will be mailed to your home each month as long as your account remains active. Take your card to each meeting you attend — this allows the meeting leader to update your attendance record.

If you plan to attend a meeting before you receive your new card, print a temporary one from the Weight Watchers website (click **My Profile** and select **Monthly Pass Temporary Card** in the **My Account** box).

Keys to free participation

To remain eligible for McKesson coverage of Weight Watchers fees, you must:

- Attend at least 10 meetings each calendar quarter **and**
- Report your activity on the Vitality website by:
 - Selecting **Nutrition & Healthy Eating** under **Get Healthy** — then clicking **Learn More** under **Weight Watchers**.
 - Entering your visit date, weight at time of visit, and what type of visit it was (At Work/Community Meeting or Online) in the fields on the right side of the webpage. You will earn 35 Vitality Points for each meeting you attend (points are not available for Online participation).
 - Clicking **Save**.

Promptly report your Weight Watchers participation to maintain program eligibility and earn Vitality Points

Be sure to keep your participation records up to date. You must report your participation on the Vitality website at least every four weeks. Prompt reporting allows you to:

- Continue having McKesson pay your fees.
- Earn 35 points for each meeting you attend (does not apply to Online meetings).

Don't forget that **every Vitality Point you earn equals one Vitality Buck to spend at the Vitality online mall and your points add up to help you earn lower McKesson medical premiums for 2013**. For more information, visit www.mckesson.com/youevenbetterlibrary and click **Your Guide to Earning Vitality Points**.



If you don't report your participation to Vitality at least every four weeks, the Weight Watchers fee of \$42.95 per month (plus tax in Connecticut) will be charged to your credit card for the corresponding months and you will not be reimbursed retroactively. In addition, your fees will not be paid by McKesson for future months unless you reactivate your participation. This can be done by calling Weight Watchers at 866.204.2885.



How to Access the Vitality Website

- **Employees:** Log on to the You. Even better. Healthcare Hub at www.mckesson.com/youevenbetter and click the Vitality link.
- **Spouse/domestic partners:** Log on to www.powerofvitality.com. Registration is required for first time visitors — use the name, birth date and email address of the spouse/domestic partner and the last four digits of the employee's Social Security number.



Frequently asked questions (FAQs)

Is my credit card information required for enrollment even if McKesson is paying my fees?

Yes. You will be required to provide credit card information, but will not be charged a fee as long as you report your active participation to Vitality at least every four weeks (see FAQ below).

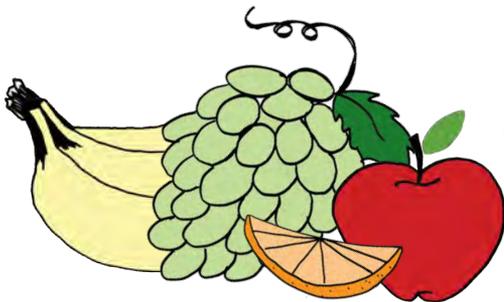
If I don't report my participation information to Vitality or forget to cancel my membership, will I be billed?

Yes. The Weight Watchers fee of **\$42.95** per month (plus tax in Connecticut) will be charged to your credit card if you:

- Fail to update your participation information on the Vitality website at least every four weeks.
- Stop participating and don't cancel your membership.

How do I transfer my old Weight Watchers account history to the new account I'm setting up to have McKesson pay my fees?

Call 866.204.2885 for assistance on transferring your information.



Will my membership automatically renew each month?

Yes. Your membership will renew each month unless you cancel. Keep in mind that if you fail to report your participation to Vitality, your credit card will be charged for the corresponding period.

How do I cancel my Weight Watchers membership?

Select **Help** or **My Profile** on the Weight Watchers website and follow the prompts to cancel membership. If you prefer, call 866.204.2885 or email your cancellation request to cancelmonthlypass@weightwatchers.com. Refunds are not available.



Cancellation requests cannot be processed at meeting locations.

Appendix

The following pages contain registration instructions

If you are currently	See pages
At Work participant	6-7
Community (Local) participant	8-9
Online participant	10-11



Questions?

Weight Watchers

866.204.2885

7 a.m. - 9 p.m. Central time

Monday - Friday

(8 a.m. - 5 p.m. Saturday and Sunday)

Current At Work participants

If you signed up for an At Work program before April 1, complete that program and follow the old reimbursement method. Claim forms for reimbursement must be received by the Weight Watchers Reimbursement Center no later than **August 31, 2012**.

When the next session kicks off, register for the new Monthly Pass online by following these instructions:

1 Log on to the You. Even better. Healthcare Hub at www.mckesson.com/youevenbetter and click the Vitality link. (Spouse/domestic partners should go directly to the Vitality website at www.powerofvitality.com. Registration is required for first time visitors — use the name, birth date and email address of the spouse/ domestic partner and the last four digits of the employee's Social Security number.)

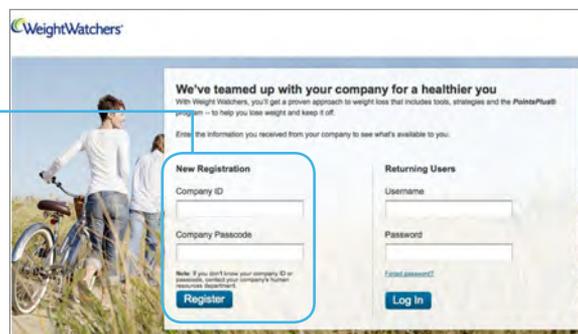
2 Select **Nutrition & Healthy Eating** under **Get Healthy** on the Vitality website. Then click **Learn More** under **Weight Watchers**.



3 Review the terms and conditions of McKesson's Weight Watchers program and select **Enroll now!** Then, click **I accept the terms and conditions** in the pop up box.

4 On the Weight Watchers home page, begin your **New Registration** for the McKesson program by entering our Company ID and Passcode:

- Company ID: **60428**
- Company Passcode: **WW60428**



5

Follow the prompts to:

- Personalize your account — when asked to enter a user name and password, these are your personal choices (not McKesson specific).
- Provide “Your Company information.” If you work from home, enter your home address in the Company Address field.
- Let Weight Watchers know you are interested in attending At Work Meetings.

6

Select **Find** under **Weight Watchers Monthly Pass**. (Your current meeting location should appear.) Then, select **Buy Monthly Pass** under the location option that best meets your schedule.



If your current meeting location does not appear, you can select the first location listed. The Monthly Pass gives you the option to attend any At Work or Community meeting regardless of the location you select on this webpage.

Meeting Times						
SUN	MON	TUE	WED	THU	FRI	SAT
8:00am	8:00am	8:00am	8:00am	8:00am	7:45am	8:30am
10:30am	12:30pm	12:15pm	10:00am	12:15pm	8:15am	8:00am
12:00pm	5:45pm	1:30pm	12:15pm	5:15pm	12:15pm	10:00am
		5:15pm	5:30pm	6:15pm		11:30am
		6:45pm	7:00pm			

7

Further personalize your account by following the prompts. If you previously used eTools, select **Returning to WeightWatchers.com or currently using our Community?** and enter the same user name and password you used to access eTools. If you haven't used eTools, simply fill in the requested information.

8

Review and accept the Monthly Pass Subscription Agreement and click **Sign Up Complete**.

Current Community (Local) participants

If you signed up for a Community (Local) program before April 1, use all your program vouchers. Claim forms for reimbursement must be received by the Weight Watchers Reimbursement Center no later than **August 31, 2012**.

After you use your vouchers, register for the new Monthly Pass by following these instructions:

1 Call 866.204.2885. Tell the representative you are a McKesson employee who would like to sign up through the employer portal. The representative will:

- Cancel your current account and process any applicable refunds.
- Transfer your account history to your new account through the McKesson portal.
- Verify your current user name and password.

2 Log on to the You. Even better. Healthcare Hub at www.mckesson.com/youevenbetter and click the Vitality link. (Spouse/domestic partners should go directly to the Vitality website at www.powerofvitality.com. Registration is required for first time visitors — use the name, birth date and email address of the spouse/ domestic partner and the last four digits of the employee's Social Security number.)

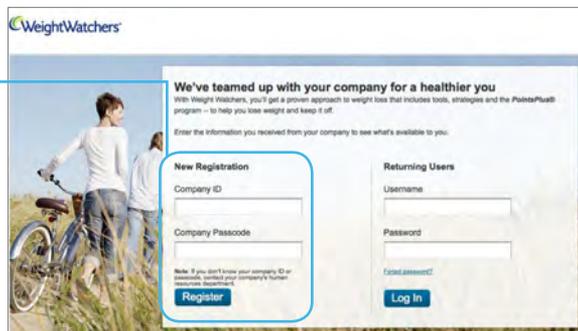
3 Select **Nutrition & Healthy Eating** under **Get Healthy** on the Vitality website. Then click **Learn More** under **Weight Watchers**.



4 Review the terms and conditions of McKesson's Weight Watchers program and select **Enroll now!** Then, click **I accept the terms and conditions** in the pop up box.

5 On the Weight Watchers home page, begin your **New Registration** for the McKesson program by entering our Company ID and Passcode:

- Company ID: **60428**
- Company Passcode: **WW60428**



6 Follow the prompts to:

- Personalize your account — when asked to enter a user name and password, these are your personal choices (not McKesson specific).



*If you previously used eTools, select **Returning to WeightWatchers.com or currently using our Community?** and enter the same user name and password you used to access eTools.*

- Provide “Your Company information.” If you work from home, enter your home address in the Company Address field.
- Let Weight Watchers know if you are interested in attending At Work Meetings.

7 Select **Find** under **Weight Watchers Monthly Pass**. (Your current meeting location should appear.) Then, select **Buy Monthly Pass** under the location option that best meets your schedule.



*If your current meeting location does **not appear**, you can select the first location listed. The Monthly Pass gives you the option to attend any At Work or Community meeting regardless of the location you select on this webpage.*

Meeting Times						
SUN	MON	TUE	WED	THU	FRI	SAT
8:00am	8:00am	8:00am	8:00am	8:00am	7:45am	8:30am
10:30am	12:30pm	12:15pm	10:00am	12:15pm	8:15am	8:00am
12:00pm	5:45pm	1:30pm	12:15pm	5:15pm	12:15pm	10:00am
		5:15pm	5:30pm	6:15pm		11:30am
		6:45pm	7:00pm			

8 Further personalize your account by following the prompts. If you previously used eTools, select **Returning to WeightWatchers.com or currently using our Community?** and enter the same user name and password you used to access eTools. If you haven't used eTools, simply fill in the requested information.

9 Review and accept the Monthly Pass Subscription Agreement and click **Sign Up Complete**.

Current Online participants

Register for your new Monthly Pass by following these instructions:

1 Call **866.204.2885** as soon as possible to transfer your Online participation to the new McKesson program. The representative will:

- Cancel your current account and process any applicable refunds.
- Transfer your account history to your new account through the McKesson portal.
- Verify your current user name and password.

 *Transferring your current account is necessary to convert your billing to the new McKesson program. Your Weight Tracker will still be accessible.*

Follow the old reimbursement method for your Online participation up to the transfer date. Claim forms for reimbursement must be received by the Weight Watchers Reimbursement Center no later than **August 31, 2012**.

2 Log on to the You. Even better. Healthcare Hub at www.mckesson.com/youevenbetter and click the Vitality link. (Spouse/domestic partners should go directly to the Vitality website at www.powerofvitality.com. Registration is required for first time visitors — use the name, birth date and email address of the spouse/ domestic partner and the last four digits of the employee's Social Security number.)

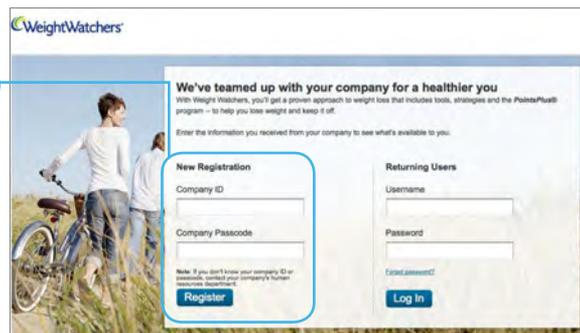
3 Select **Nutrition & Healthy Eating** under **Get Healthy** on the Vitality website. Then click **Learn More** under **Weight Watchers**.



4 Review the terms and conditions of McKesson's Weight Watchers program and select **Enroll now!** Then, click **I accept the terms and conditions** in the pop up box.

5 On the Weight Watchers home page, begin your **New Registration** for the McKesson program by entering our Company ID and Passcode:

- Company ID: **60428**
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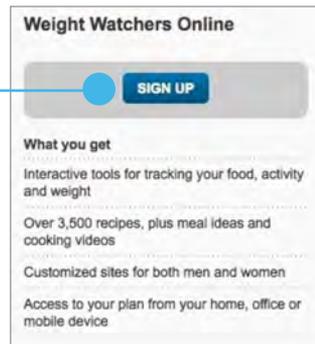
5

Follow the prompts to:

- Personalize your account — enter the same user name and password that you have used to access Weight Watchers Online in the past.
- Provide “Your Company information.” If you work from home, enter your home address in the Company Address field.
- Let Weight Watchers know if you are interested in attending At Work Meetings.

6

Select **Sign Up** under **Weight Watchers Online**.



7

Further personalize your account by following the prompts. Select **Returning to WeightWatchers.com or currently using our Community?** and enter the same user name and password you used to access Weight Watchers Online in the past.

8

Review and accept the Monthly Pass Subscription Agreement and click **Sign Up Complete**.

Consider attending Weight Watchers meetings to earn Vitality Points

If you choose to attend meetings instead of participating online, you'll earn 35 Vitality Points for each meeting you attend when you log your meetings on the Vitality website. (Points are not available for Online participation.) Every Vitality Point you earn equals one Vitality Buck to spend at the Vitality online mall and your points add up to help you earn lower McKesson medical premiums for 2013. For more information on Vitality Points, visit www.mckesson.com/youevenbetterlibrary and click **Your Guide to Earning Vitality Points**.



To change your participation from Online to attending At Work or Community meetings call 866.204.2885.

Questions?

**Weight Watchers****866.204.2885**

7 a.m. - 9 p.m. Central time

Monday - Friday

(8 a.m. - 5 p.m. Saturday and Sunday)

Vitality**877.224.7117**

8 a.m. - 5 p.m. Central time

Monday - Friday

Email: wellness@powerofvitality.com**McKesson HR Support Center****855.GO.MCKHR (855.466.2547)**

8 a.m. - 8 p.m. Eastern time

Monday - Friday

(Health, Wellness and Pension Services —

Option 1 — is available 9 a.m. - 5 p.m.

Central Time, Monday - Friday)

Empleados que necesitan ayuda en español deben llamar a Weight Watchers.

McKesson reserves the right to modify, terminate or amend benefit plans/provisions at its discretion at any time and for any reason. This brochure summarizes highlights of some of our benefit plans. This brochure also serves as a "summary of material modifications" to our benefit plans in accordance with the requirements of the Employee Retirement Income Security Act of 1974, as amended (ERISA). Please keep this brochure with your summary plan descriptions. This brochure does not attempt to cover all benefit details or plan limitations and exclusions. These are contained in official plan documents that legally govern the operation of the plans and which control in the event of any omissions or other differences between those documents and this brochure.