

Fill out the information below and send it to HumanaVitality along with proof of your CPR Certification. To qualify for Vitality Points, you must send the proof within 90 days of the date you got certified.

Section A: Member Information	
First Name:	Last Name:
Member ID:	Date of Birth:

Section B: CPR Certificate Information	
Program Name:	Program Date:
Instructor's Name:	Certificate Expiration Date:

Please attach a copy of your CPR certificate or card (front and back if double sided) and send it:

Online: Through the MyMessages link in *MyHumana*

Or Fax: (877) 250-7814

Or mail: HumanaVitality
P.O. Box 14601
Lexington, KY 40512-4601

Please Note: Humana periodically conducts random checks to confirm the accuracy of information received. Submission of incorrect or inaccurate information may result in the member not earning or the removal of Vitality Points and Vitality Bucks.